Learn about the Science of Sports!

Laurel Historical Society
817 Main Street
Laurel, MD
301-725-7975

Class Dates: August 14-18
Level I (2nd-3rd graders) / 9:30-10:30 am
Level II (4th-6th graders) / 11:00 am-12:00 pm

Registration begins on May 23.
Call for more information.

Students will discover how science helps athletes perform in their sports. They will participate in challenges (balance, stability, reaction time) to understand physical and mental skills that can be helpful in sports and learn about the importance of good nutrition. Students will learn how science is involved in the design of sports equipment. They will create profile cards of their own ultimate athlete or sports scientist.