

WHERE

First United Methodist Church of Laurel

424 Main Street, Laurel, MD 20707

9th Annual Thanksgiving Morning 5K Turkey Trot

To Benefit Laurel Advocacy & Referral Services, Inc.

Register online at www.laureladvocacy.org



RACE DAY SCHEDULE

7:00am - Late Registration

7:40am - Warm-Up

8:00 - 5K Run Begins

8:05 - 1 Mile Historical Fun Walk Begins

TIME

8:00am

Rain or Shine!

DATE

Thanksgiving Morning

11/28/13

USATF Certified Course!

Chip Timing

CONTACT

Laura Wellford at (301)776-0442 ext. 27 to sponsor or volunteer!

Please bring non-perishable food donations to packet pick-up & on race morning for the LARS food pantry!

Follow LARS on Facebook and Twitter (@laureladvocacy) for race updates!